



The gateway to your higher education in France



La certification qualité a été délivrée
au titre de la catégorie d'action suivante :
ACTIONS DE FORMATION



— 2026 —

QUALITY FRENCH COURSES



A PREMIUM SUPPORT SERVICE

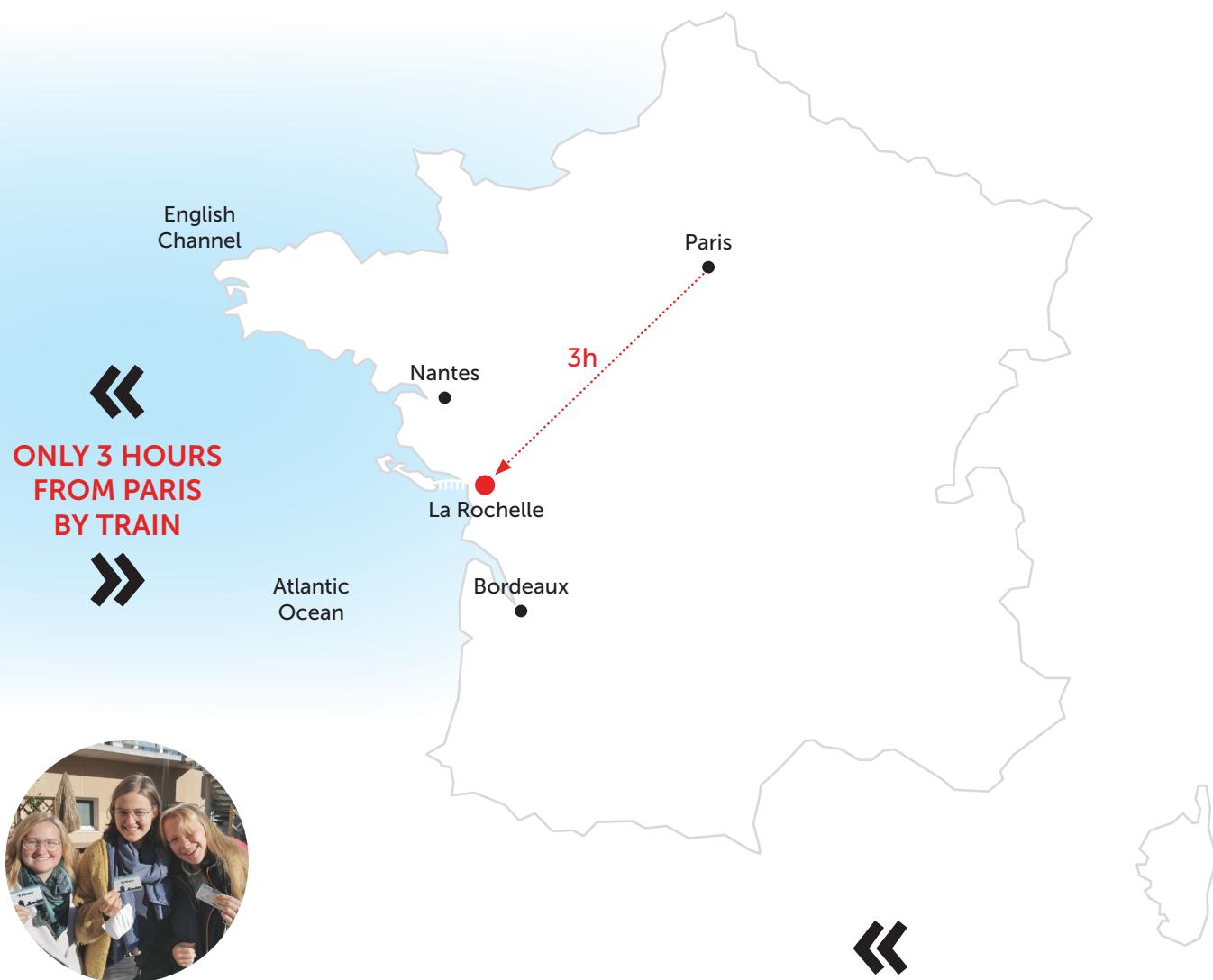


PURSUING YOUR STUDIES



WHERE IS LA ROCHELLE?

On the sunny Atlantic coast of the Charente-Maritime department in Western France lies the exquisite town of La Rochelle. Famous for its rich cultural history, and easy-going way of life, La Rochelle was voted fourth nicest place to live in France in 2023.



Lea-Charlotte
20 years-old, student

« Studying in La Rochelle was a dream come true! The city's beauty, friendly locals, and top-notch education made my experience unforgettable.

Highly recommend! »

**LA ROCHELLE
RANKS 4TH BEST TOWN
FOR STUDENTS IN
FRANCE**

Magazine l'Étudiant

OUR SCHOOL

Our facilities

- 14 classrooms
- 2 extra rooms in high season 150m from the school
- A large shady terrace area
- IT room
- Free WiFi
- Free parking
- Covered bike area
- Reading area
- Tourist information area
- Kitchen with fridge and microwave oven
- Hot and cold drinks



About inlingua

- Open all year round
- One of 300 **inlingua** schools in over 40 countries around the world
- Ideal location – only a stone's throw from the beach and the centre of town
- An official exam centre
- Over 50 years language teaching experience

Getting to inlingua

- 15-minute bus ride from the centre of town. The nearest bus stop is less than 200 metres from the school and buses are every 15 minutes.
- Cycle path from the centre of town which takes you down the coast where you can take in the picturesque scenery



inlingua®
La Rochelle

Where to eat

Traditional French restaurants and bakeries can be found less than a minute from the school on foot. We provide our students with a list of classic French dining options in the town or next to one of our exquisite beaches.

inlingua *La Rochelle*

A GLOBAL OFFER TO YOUR STUDIES IN FRANCE



ENROLMENT IN FRENCH HIGHER EDUCATION

inlingua La Rochelle has valuable partnerships with private higher education institutions in France, simplifying the enrolment procedures.

These institutions offer intakes in September and January and many offer the choice to study in either English or French.



SECURING YOUR ACCOMMODATION

Each year many visa applications are denied due to students not having a concrete plan for their accommodation.

With our partner hosts and residences, **inlingua** can offer easy accommodation and a letter proving you will have somewhere to stay.

GETTING A VISA TO STUDY IN FRANCE



ENROLMENT WITH **inlingua** FOR A LONG-TERM FRENCH COURSE

inlingua's long-term French courses are tailored to students who want to study in France and who will need a B2 level of French to do so. The duration of the course varies depending on the student's starting level which is defined through an online level test and an interview with one of our teachers.

French speakers can also enrol with **inlingua** for preparation classes for higher education. In these classes there is a strong emphasis on taking notes, making presentations, different writing styles and much more to ensure that students are ready to hit the ground running when they start their studies.

Students who wish to study in English can do a short-term preparatory course to help them get a «survival» level of French which they will need for everyday life (making appointments, simple exchanges etc.)

ENROLMENT PROCESS FOR HIGHER EDUCATION

DIFFERENT STEPS OF THE ENROLMENT PROCESS	STUDENTS LEARNING FRENCH	STUDENTS LEARNING FRENCH	FRENCH SPEAKING STUDENTS	FRENCH SPEAKING STUDENTS	ENGLISH TRACK STUDENTS
	STANDARD PROCESS	ACADEMIC EXCELLENCE	STANDARD PROCESS	ACADEMIC EXCELLENCE	STANDARD PROCESS
Student Questionnaire <i>This document helps inlingua recommend the best course for you</i>					
Language test and course advice <i>The duration of your course will depend on the results of this test</i>					
Quote for all services requested <i>The school will send a quote to be validated by the student to proceed</i>					
Payment of initial deposit <i>The student pays a deposit of 25% + support pack costs in order to start the application process</i>					
Choice of school & course <i>inlingua will send information about schools and courses available in the fields of study the student chooses</i>					
Presentation of student's application to partner school* <i>Students get reply from their chosen school within a few weeks</i>					
Admission Interview <i>The student must also do an interview with the school in French or English depending on what the student which language they speak better</i>					
Acceptance from partner school <i>Based on the outcome of the interview, the school sends their official acceptance letter</i>					
Conditional letter of acceptance from partner school <i>Students are accepted given they reach a B2 level before the start of term</i>					
Letter of invitation from inlingua <i>The school sends a letter of invitation to study in France with details on the course</i>					
Accommodation confirmation letter <i>The details of your accommodation will support your visa application</i>					
Enrolment with Campus France for visa application <i>Depending on their country, some students must apply through CF</i>					
Visa application					
Long-term French course <i>The duration of the course (3 - 12 months) depends on the student's starting level</i>					
French course (3 months only) <i>All students do at least three months of study with inlingua</i>					
TCF/DELF Exam for proof of B2 level <i>The TCF exam may be taken on site at inlingua</i>					
Start of higher education <i>Intakes are generally in Sept/Oct. & Jan./Feb.</i>					

* In cases where the school requires an equivalence of the student's previous diploma in the French system, the process can take longer (2-3 months)

FRENCH & FRANCE AROUND THE WORLD

The majority of our long-term international students enroll with the goal of pursuing higher education in France, and their decision is well-founded.

A French diploma offers numerous opportunities and career prospects, given its recognition across all 27 European Union countries. The global reputation of the French education system further underscores its excellence.

FRENCH MULTINATIONALS

37 000
French subsidiaries abroad

54%
of their total turnover is achieved abroad

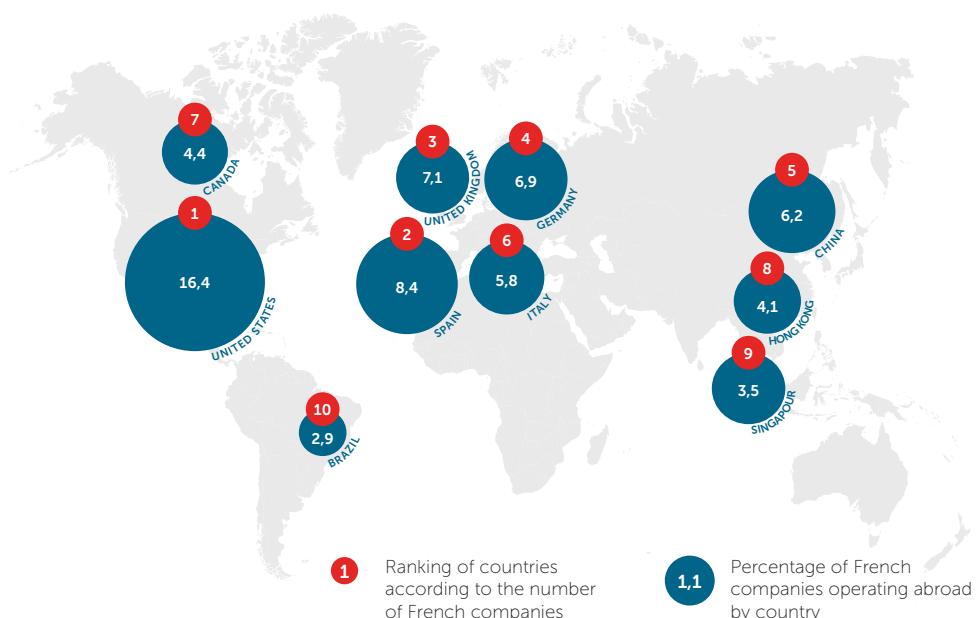
56%
of the workforce is outside France

5,5
million employees around the world

The place of France and the French language around the world

- France has the 7th largest economy in the world and has always been famous for being the leader in tourism. French companies employ 6 600 000 people in over 48 600 subsidiary companies in 190 countries around the world.
- French is the 5th most spoken language on all 5 continents. It is spoken in 106 countries by 524 million people. With the increasing population in Africa, it is predicted that by 2060 the number of French speakers in the world will be over a billion.
- Several renowned institutions use French as the official language of communication such as the European Union, the European Court of Justice, FIFA, the international Olympics committee, Interpol, the UN...

French companies around the world



WORKING IN FRANCE

Working as a student in France

All students with at least a 4-month student visa are eligible to work in France during their time in France.

Depending on your level of French, several doors are open to you when it comes to finding a part-time job.

EXAMPLES OF STUDENT JOBS

WAITER	DELIVERY DRIVER	MANUAL WORK
NIGHT CONCIERGE	RESTAURANT WORK	
HOME CAREGIVER	CLEANER	SECRETARY

AT LEAST
4
MONTHS
VISA

=

WORK UP TO
20
HOURS PER
WEEK

Finding work after your studies

International students graduating from a French institution have the opportunity to work in France after completing their higher education. They are required to apply for a one-year residence permit either for job searching or for starting a business. This permit is available to students holding a master's degree, or an equivalent level of education (5-years of post high-school studies).

With this permit, students can remain in France to further their education, gain initial professional experience, or launch a business aligned with their field of study. To qualify, their income should exceed €2,620.80 gross (as specified in their employment contract or job offer), and they won't face employment restrictions.

Upon the permit's expiration, if students have secured employment, possess a job offer, or have established a business, they can apply for a one-year, renewable professional residence permit. In the case of continued employment, they can request permit renewal. If granted, they will receive a multi-year residence permit valid for four years.

MINIMUM WAGE IN FRANCE

1 766 €

for 35 hours a week

AVERAGE SALARY AFTER STUDIES

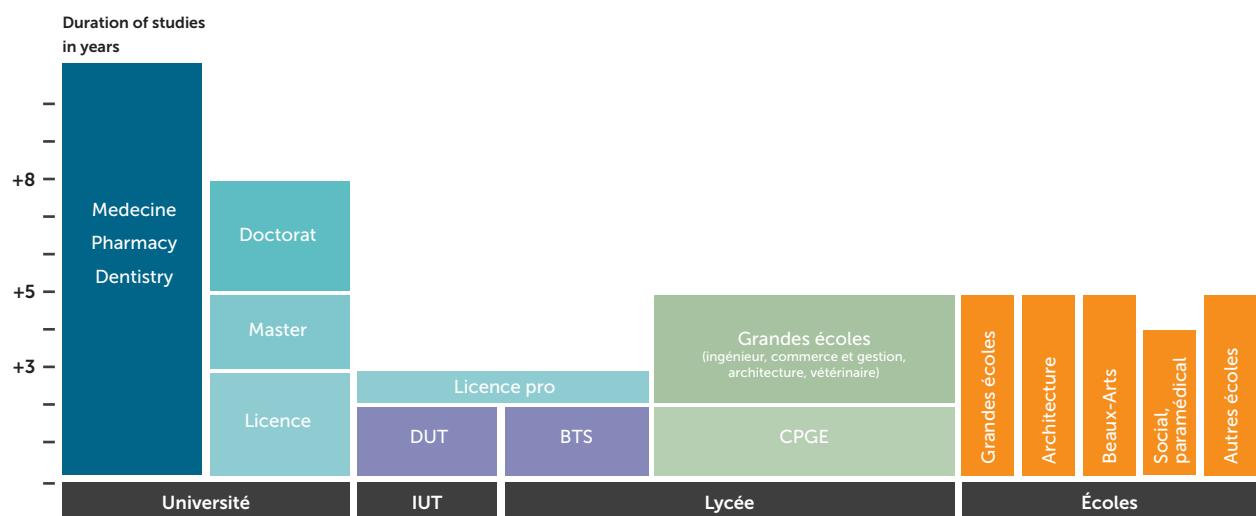
2000€ - 3000€

FRENCH HIGHER EDUCATION

Following the successful completion of the Baccalauréat in France, students can embark on their higher education journey by enrolling in a school or university of their preference.

It's important to note that foreign students from certain countries who wish to pursue their education in France are required to undergo a vital step in the admission process: the validation of their high school diploma by a governmental entity known as ENIC-NARIC. In these cases the enrolment process can take a few months longer.

French higher education



Annual fees for studies in the public and private sectors

PUBLIC	PRIVATE
Europe and Switzerland Degree 175€ Master 250€ PhD 391€	Between 4 000 & 10 000€
International Students Degree 2 850€ Master 3 880€ PhD 3 910€	

STUDYING FRENCH

WITH inlingua LA ROCHELLE

At **inlingua** La Rochelle, we recognize the significance of studying in French, even in a world dominated by English-language education. Our French-language courses provide not only linguistic skills but also cultural immersion and access to some of the most prestigious higher education institutions in France.

We feel that speaking French will set you apart from all the other students who will only have English as a second language.

With the huge presence of French companies around the world, and a strong level of French, this path can open doors and opportunities for your career.

However, for students who wish to pursue their studies in English, this is possible with our English Track course.

Students on this course still do 3 months of French classes to help them reach a «survival» level for living in France.

Enrolment process for higher education



In August 2023, out of 716,000 applications, 77,000 did not receive offers and can enter the supplementary phase where they can apply to programs that still have available spots. Transitioning to private institutions in July can sometimes be challenging because registrations are occasionally closed, or certain programs are already full.



WITH OUR PARTNER SCHOOLS, THIS INSCRIPTION PROCESS IS VASTLY REDUCED

Most of our partners at higher education schools will accept to look at your application before you have validated the required language level.

For example, we will help you present your application to the school of your choice – if your application is accepted, your enrolment will be validated before you have even arrived in France. From there it is up to you to make sure that you reach the target level before the beginning of the course.

An application must be put together in order to obtain a visa to study at a French public university. This file must contain a B2 level certificate as early as January or February of the year you wish to commence your studies.

With the **inlingua** offer you can eliminate long months of waiting before knowing if you have been accepted or not.

Don't waste time, apply to the school of your choice between August and May with **inlingua**. You will get a rapid reply from the school, then you can start your French course straight away.

Overall, you can save around a year's worth of time with this system, and you will be able to start working either in France or in a French company abroad much sooner!

LONG TERM COURSES

inlingua offers an ideal teaching structure. Under the watchful eye of a personal tutor, students can progress towards their goal while feeling confident and in good hands. A report is written up each term to closely monitor the student's progression.

- ✓ **From 16 years old or at the end of high school**
- ✓ **Small groups of 10 students max**
- ✓ **Course work**
 - General French
 - Cultural Workshops
 - Exam preparation (TCF - DELF)
 - Preparation for higher education
 - * Understanding university lectures
 - * Taking notes
 - * Writing essays and presentations
 - * Writing bibliographies

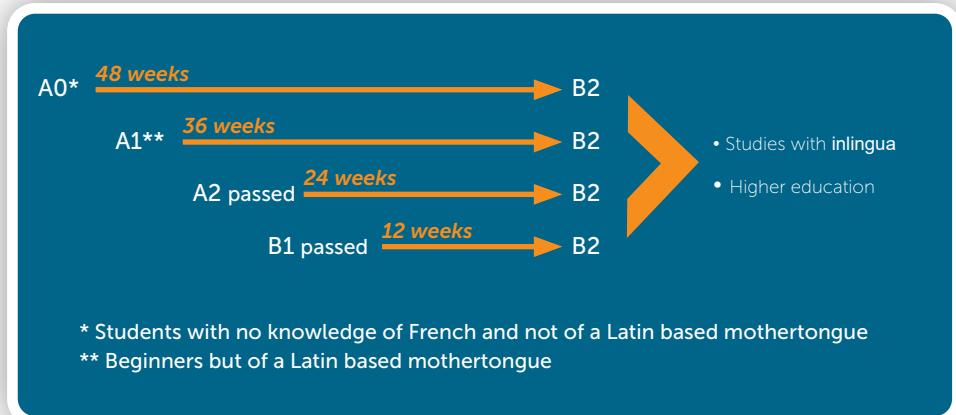
Recommended durations

Before the student joins the course inlingua will set up an online level test in the form of both a multiple-choice test and an oral on Skype. The results of the test will allow us to recommend an appropriate length to the course and the right starting date in regard to the student's project.

We recommend signing up for 20 hours of classes per week until you have reached

a B1 level, and then doing 25 hours per week until reaching B2. However, the 15-hour course is still possible for those who wish to do fewer hours.

Campus France will only issue a visa to students from certain countries if they are doing at least 20 hours of classes per week.



Prices according to progression level - recommended course

START LEVEL	END LEVEL			
	A1	A2	B1	B2
	12 weeks 240 hours	24 weeks 480 hours	36 weeks 720 hours	48 weeks 1 020 hours
A0	3 430 €	6 100 €	8 115 €	10 965 €
A1		3 430 €	6 100 €	8 950 €
A2			3 430 €	6 280 €
B1				3 680 €

DATES & PRICES

LONG TERM COURSES

The course content is adapted to each different level

Level A0
20 hours/week
<ul style="list-style-type: none"> 15 hours General French in the morning 5 hours of multimedia workshops in the afternoons

Level A1 to A2
20 hours/week
<ul style="list-style-type: none"> 15 hours of General French in the mornings 5 hours of cultural workshops in the afternoons

Level B1 or higher
25 hours/week:
<ul style="list-style-type: none"> 15 hours of General French in the mornings in high level groups 5 hours of exam preparation or cultural workshops 5 hours of University preparation <ul style="list-style-type: none"> Understanding university lectures Taking notes Writing essays and presentations Writing bibliographies

Intake Dates

TERM START	LEVEL	END
5 January 2026	A0	18/12/2026
	A1	25/09/2026
	A2	26/06/2026
	B1	27/03/2026
6 April 2026	A0	26/03/2027
	A1	18/12/2026
	A2	25/09/2026
	B1	26/06/2026
6 July 2026	A0	18/06/2027
	A1	26/03/2027
	A2	18/12/2026
	B1	25/09/2026
28 Sept. 2026	A0	17/09/2027
	A1	18/06/2027
	A2	26/03/2027
	B1	18/12/2026

The TCF

The TCF (Test de Connaissance du Français) is a widely recognised French language proficiency exam designed to assess an individual's level. This test is often required by our partner schools for our students to prove their B2 level.

inlingua is an official TCF exam centre. Our students can take the test at the school, and sessions can be scheduled whenever a student needs to do so.

Prices

PROGRAMME	LEVELS A0 > B1			LEVELS B1 > B2
	1 TERM 12 WEEKS	2 TERMS 24 WEEKS	3 TERMS 36 WEEKS	1 TERM 12 WEEKS
15 hours	2 600 €	4 700 €	6 355 €	/
20 hours	3 430 €	6 100 €	8 115 €	/
25 hours				3 680 € Students enroled for 1 term 2 850 € students enroled for more than 1 term
15h General French + 5h Exam Prep + 5h University preparation	/	/	/	

- Admin fees are applied on top of these prices depending on the support package you choose (pages 9-11)
- The cost of the TCF exam inscription is not included and special conditions are offered to **inlingua** students.

PURSUING YOUR STUDIES

With inlingua it is possible to pursue your studies in France after achieving the B2 level required. Higher education courses in English are also open to students having done a 3-month course with inlingua La Rochelle.

With our partner schools, students receive:

- ✓ More attention from the teachers
- ✓ Small class sizes (often between 20-30)
- ✓ Close monitoring of students' progress
- ✓ Encouragement to speak up and participate in class
- ✓ Strong ties with businesses
- ✓ Employment generally found within 3-6 months after finishing



We can organise an early registration with most of our partners and we know exactly how to present your application to the to give you every advantage and receiving a positive response. Applications can be made between August and May (depending on the school) for the start of term in September.

Knowing where you will be studying in advance will allow you to plan your accommodation and avoid the rush a few weeks before the start of term. Our guarantor service and the financial help from CAF will still be available to you when you leave **inlingua** to start your higher education.

FRENCH TRACK

Students who wish to study in French will need to reach their B2 level with inlingua before going on to their higher education;

With our long-term courses, students can hit the ground running at the beginning of term thanks to our university preparation classes.

The TCF exam they will need to pass to prove their B2 level can be organised on site at **inlingua**.

Studying in French can lead to working with some of the biggest French companies around the world and open doors to those who want to stay and work in France after their studies (p. 6-7).

ENGLISH TRACK

Those who would prefer to study in English may also do so with our partners offering courses in several languages.

We recommend that students who choose our English Track option take 3 months of French courses to acquire a «survival» level of French before starting their higher education. In some cases, a shorter duration may be considered.

Students who choose this option will need to be able to prove their B2 level of English at the time of their enrolment with the school.

We recommend that only students who already have a high level of English choose this option.

ACADEMIC EXCELLENCE FOR GUARANTEED FAST-TRACK ENROLMENT

We offer students who have achieved academic excellence throughout their education **automatic acceptance into higher education** courses with several schools around France. This is thanks to the close partnerships we've established with these institutions for students of **inlingua**.

A student having achieved academic excellence must fit the following criteria:

- ✓ The academic records from the last two years of study are significantly higher than the average.
- ✓ The teachers' assessments throughout their schooling have been very positive.
- ✓ The student demonstrates a genuine motivation to pursue further studies in France and learn the language.
- ✓ The student confirms an exemplary attitude during their courses at **inlingua**, under the risk of losing the benefit of the program.



For students who have consistently demonstrated academic excellence, we have a remarkable opportunity in store. They can gain automatic acceptance to a limited selection of our partner school.

This includes skipping the oral interview with the school which can often be an obstacle for students who don't yet have the necessary English or French level to do so.

This means that their enrolment process becomes significantly faster and more streamlined, eliminating many of the typical barriers that students might face.

However, it's crucial to note that maintaining this high level of achievement is essential throughout their time at **inlingua** if they wish to continue this advantageous path with our partners.

EXAMPLES OF STUDIES AVAILABLE WITH AUTOMATIC ACCEPTANCE

PURCHASE MANAGER

SUPPLY CHAIN MANAGEMENT

INTERNATIONAL BUSINESS

LOGISTICS

SOCIAL MEDIA

PHOTOGRAPHY

BUSINESS ADMINISTRATION

PROJECT MANAGER

COMPUTER SCIENCE

MARKETING

HUMAN RESOURCES

MEDICAL SECRETARY

TOURISM & HOSPITALITY

FINANCE

INTERNATIONAL MARKETING

ACCOUNTING

MEDICAL ASSISTANT

COMMUNICATIONS

PAYROLL MANAGER

MANAGEMENT

FINANCIAL MANAGER

FASHION & LUXURY MARKETING

AMONG OUR 74 PARTNER SCHOOLS...



EXAMPLES OF STUDIES OFFERED BY OUR PARTNER SCHOOLS

LAW	ANIMATION	BUSINESS LAW	JOURNALISM
INTERNATIONAL BUSINESS		VIDEO GAMES	WEB DESIGN
TOURISM	EVENT MANAGEMENT		PHOTOGRAPHY
DIRECTEUR MARKETING		HUMAN RESOURCES	SOMMELLIER
ARTIFICIAL INTELLIGENCE	COMMERCIAL ENGINEERING	GRAPHIC DESIGN	CINEMA
HAUTE COUTURE	COSMETICS	DIGITAL DESIGN	AGRICULTURE
GAMING		COMMUNICATION	MANAGEMENT
			AND MUCH MORE...

OUR SUPPORT SERVICE

inlingua offers a very full support service to make your student life in France as easy as possible. Choose from one of our 3 options:

ITEM	BIENVENUE	TRANQUILITÉ	ÉTUDES	GLOBAL
Preparation of your application to higher education			✓	✓
Presenting your application			✓	✓
Visa preparation process	✓	✓	✓	✓
ISIC card	✓	✓	✓	✓
Language test and course advice	✓	✓	✓	✓
Transfer organisation (depending on quote)	✓	✓		✓
Opening of a bank account		✓		✓
Opening of a phone line		✓		✓
Ofii		✓		✓
Long-term bus card		✓		✓
Accommodation search (if not homestay or our residence)		✓		✓
Guarantor application		✓		✓
Housing insurance		✓		✓
Application for APL financial aid for accommodation		✓		✓
Health insurance card		✓		✓
Complementary health insurance		✓		✓
Access to the Médiathèque		✓		✓
PRICES				
With official translations of documents and diplomas	140 €	650 €	750 €	1 300 €
If documents already have official translations in French or English	140 €	650 €	500 €	1 000 €



OUR SUPPORT SERVICE

MORE DETAILS



Language test and course advice

We want you to have all the right elements on your side in order to suggest the best duration for your course. If you already have some knowledge of the French language, we will send you a link to do an online test which will give us all the details we might need. We will get in touch with you to set up a Skype interview.

These elements will enable us to recommend the ideal length of your course and, depending on your project, suggest a starting date.



Documents for your visa

As soon as we receive your booking will we ask you for a few elements that will be necessary for us to put together your file.

We request students pay 25% of the course fee before we start sending out the document list and getting things moving.

- We can, if needed, send you these documents by express postal service. If your visa application is denied, we will refund the 25% with the exception of the 140€ enrolment fee.**



Your ISIC student card

In order to have a student ID card as soon as you arrive, you just need to upload an ID photograph when signing up.

<https://isic.fr>



- The ISIC (International Student Identity Card) offers many advantages compared to a classic student card**
- UNESCO recognise this card as the ONLY international student card : it is valid in over 130 countries and gives you access to over 150 000 discounts, even abroad!**
- The chip in your ISIC card will give you access to the university restaurants which are about 5 minutes from inlingua.**
- Meals at the university restaurant are around 3 euros and can be had on site or taken to go.**
- You can then take one of the Yelo bikes to go to your afternoon activities or take the bus line 3 straight into town to go exploring.**



Opening a bank account

Having a local bank account is essential for your everyday life in France.

- We will take care of setting you up with a bank account, you will just need to send us some of the necessary documents for this. We have opted for the BNP bank service which offers good deals and a simple interface.**

The bank card is free throughout the duration of your studies.



Getting a phone contract

Having phone with a French number is vital while you are studying here. You can use our high speed WiFi at **inlingua** to call your parents and friends on WhatsApp or Skype. You can also use the computers in our IT room. You will only really need to be able to make local calls with your number ; your support pack includes a 1-month plan with the operator Mobile Rochelais : unlimited calls and SMS in France + 10Go/month. As soon as your bank account is open you will pay the 17€/month directly.

- You will receive your SIM card on the first day of school. If the card is not adapted to your phone, we will help you find another one either new or second hand for a reasonable price.**



Final Immigration Steps

When you first get to France you will need to go and see Ofii (the immigration office) to complete the administration process for your visa.

- We will help you fill out the questionnaire and then help organise your meeting with the local office in Poitiers. We will also help you organise your travel there and back which is easily done by train. The cost of the ticket is not included in the service.**



Bus Card

- We will help you get set up with a bus card adapted to your needs. The subscriptions allow for unlimited travel around the town including the sea bus (an electric boat that links the Port de Minimes to the centre of town).**





Finding accommodation

If you are looking for an apartment to stay in that suits your needs, we recommend you stay either in a host family or at one of the student residences for the first few weeks. During this time, we will provide you with all the information you will need and places to look at.

- + We will help you with signing the various documents (lease etc.)**



Guarantor service

With our partner service, we can organise a guarantor for your accommodation. The costs are covered by the student..

- + The guarantor will pay for the deposit on your flat (this amount is around 1 month's rent). Your application will be simplified because it will offer your landlord guaranteed payment if you cannot pay your rent.**



Housing insurance

We have chosen a partner offering great deals just for our school. We will take care of getting this organised and therefore greatly reduce the time it can take.



Aide Personnalisée au Logement (APL)

You can apply for housing benefits which will help you pay for your rent.

- + You can receive between 150€ to 180€ per month towards your rent. This is possible as of your second month's rent.**



Registering for health insurance



inlingua will make the necessary arrangements with the CPAM (health insurance) as soon as you arrive in La Rochelle so you can obtain your Carte Vitale.

This card gives you the same rights as French citizens for medical care (up to 70% reimbursement of medical costs each time).

- + This will enable you to apply for additional health insurance which will generally complete the reimbursement to 100%.**



Signing up for complimentary health insurance

This is not obligatory for anyone, but it will enable you to get 100% reimbursed for any medical bills you may have during your stay (except sometimes with tooth and eye care).

- + The cost of additional insurance is negotiated by inlingua for students with the Carte Vitale**



Acces to the Médiathèque

All long-term students at inlingua are given access to the town's médiathèque. This will be arranged on your arrival



Applying for higher education

A Skype interview with the student and their parents enable us to suggest the best options of courses to choose from.

inlingua will then turn your choices into a full study programme (diploma, duration, schools, costs...).

3 choices maximum

The application process may vary between schools and we will adapt what we ask you for depending on your choices. Generally they ask us for the following:

- Recognition of your diplomas by the French system
- Certified translation of all official documents for the application (diplomas, certificates, school reports, family record book...)
- Translations of your recommendation letters
- Correction of your cover letter (depending on the language)
- Preparation for the interview depending on your language level

⚠ The translation phase can take quite some time, especially if the documents need to be authenticated by an apostil.



Presenting your application to schools

+ inlingua has a privileged contact with partner schools allowing for a rapid response to your application. A clear and concise reply will be made to your request.



LIVING IN LA ROCHELLE

Finding somewhere to live is often a big worry for students when they are preparing for their stay in France, and it can get expensive quite quickly. **inlingua** is very sensitive to this problem, and we will do everything we can to help you find the best accommodation option that meets both your needs and your budget.

ACCOMMODATION

You can choose from 3 accommodation categories:

- Homestay
- Student residence
- Apartment

With our «Tranquillité» package a member of our team will help you through every step of the process



Homestay Accommodation

Host family accommodation allows our students to practice their French in a relaxed and convivial environment while getting a better grasp on French culture and way of life.

At first glance, it can appear to be the most expensive option, but it is important to take into account that with the half board accommodation, both breakfast and supper are included every day. You will also have access to internet and be able to do all your laundry from home.

For stays of more than 6 months students may be placed with two different hosts.

Host family accommodation has always been a favorite for our students who like to fully embrace the French immersion experience.

Residence New Rochelle

Résidence New Rochelle is in a perfect location 5 minutes from **inlingua** on foot.

Rooms are available from January and from September for long-term lets, but the rooms must be vacated as of 30th June.

Résidence Utopia

This residence was created for people from 16 to 30 years old. It is run by a non-profit organisation who strive to help young people with affordable accommodation in La Rochelle. The organism owns three different residences around the town where students can stay depending on availability.

- + Large living areas and group leaders employed by the residence who organise activities make it easy to meet new people and make friends.

Résidence Escale Marine

This 3* residence is located about halfway between the school and the centre of town. You can walk to the port in under 10 minutes or take the sea bus.

inlingua is only 5 minutes away by bus (3 stops), 8 minutes by bike, or 15 on foot.

Rooms are frequently available to our students during the school year, which can be a real benefit if they are looking for a simple option for accommodation while they search for an apartment.

- + The residence's indoor swimming pool, sauna, and gym are open all year-round.

Accommodation	Type	Availability	Price/ month	APL*	Net Maximum
Homestay	Room	All year-round	840 €	/	840 €
Résidence Utopia	Studio 16m ²	June - August <i>Limited availability during the school year</i>	376 - 390 €	175 €	215 €
Résidence New Rochelle	Studio 16m ²	September - June <i>Applications must be sent before April</i>	621 - 879 €	183 €	430 €
Résidence Escale Marine	Studio 16m ²	September - June	680 €	191 €	489 €
Private Appt./ Flat Share	/	All-year round	350 - 650 €	159 €	491 €

*APL is financial aid for student accommodation from the French government.

This is available to all foreign students in France staying either at a residence or in an apartment.



Private Apartments & Flat Shares

With our online partner service, students can easily find a private apartment or flat share for their stay in La Rochelle.

Prices will vary depending on the size and location of the apartment.

We recommend that students who would like this option start searching at least 3-4 months before their arrival in La Rochelle due to the high demand for accommodation.

It is also possible to stay at the Résidence Escale Marine while you look for an apartment in La Rochelle.

Some student apartments may only be available from September to June as landlords often use them for short-term lets in the summer.

GETTING AROUND

Yélo is the bus company in La Rochelle. The different areas of the town and suburbs are all covered by these buses.

Students may often need to get more than one bus to reach their destination.



Bus passes can be purchased at the following prices :

- Under 26 - 2 months : 30 €
- Under 26 - 1 year : 100 €
- Over 26 - 1 month : 35 €
- Over 26 - 1 year : 350 €



Yélo also offer a short-term bicycle rental service with stations all over town where students can pick up and drop off a bike.

There are different Yélo bike subscriptions with yearly rates from 1€ to 50€. With this the first half hour is free each time. After this, the cost is maximum 1€/hour.

Long-term rentals are also possible with Yélo (3 months minimum):

- Under 26 : 5€/month
- Over 26 : 10€/month
- Electric bike : 35€/month

Students can also rent a bicycle from **inlingua** for 30€/month.

EATING & SHOPPING

Food and drink can also be expensive. Plan to spend between 140€ and 300€ with the university restaurant which you can access with your ISIC card and supermarket shopping.

There are several supermarkets around the town where students can find everything they might need. The smaller shops in the centre of town can be more expensive than the big supermarkets on the outskirts.

The budget can be greatly reduced for those who take the time to go to the market and cook at home.

Estimated monthly budget
(not counting going out or clothes shopping)

Accommodation	215 - 497 €
Getting around	30 €
Food	240 €
Housing & liability insurance	3 €
Total	488€ - 770 €

